



MASTER OF ARTS IN CLINICAL MENTAL HEALTH COUNSELING

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Introduction to the Counseling Profession

The counseling profession is designed to assist individuals in effectively managing the many challenges of living and serious mental health issues through self-exploration and increased self-awareness. The counseling profession is one that begins at the graduate level with most counseling students possessing undergraduate degrees in related social sciences (i.e., psychology, social work). Rooted in counseling theory and research, professional counselors are trained in the development of counseling skills while engaging in personal growth experiences. While the classroom serves as one form of training ground, clinic experiences and field placements sufficiently augment the counselor-in-training with adequate preparation to enter the field. The principles of service, social justice, and cultural competence provide the ideological foundations for the Counseling programs at UDM. It is as a result of this rigorous training that professional counselors are equipped to effectively work with individuals towards positive change in every aspect of living.

The Counseling program prepares students to gain the necessary education and skills to function as a professional

counselor in various settings. Three specialty areas are offered in the department: Addiction Counseling, Clinical Mental Health Counseling, and School Counseling. Each program meets the educational requirements for the State of Michigan licensed professional counselor (LLPC). For individuals not interested in pursuing a Master's degree, the program offers two options for endorsement and certification: the School Counselor Endorsement and the Graduate Certificate in Addiction Studies.

Counseling Program Standards & Accreditation Status

The Counseling programs at the University of Detroit Mercy are CACREP-accredited and prepare individuals for a successful and rewarding career in the field of counseling. Detroit Mercy's nationally recognized program provides students with state of the art academic and training at one of Michigan's premier institutions of higher education.

Admission Requirements

Complete the online application <https://apply.udmercy.edu/apply/>. Submission of official transcripts from all schools previously attended; an undergraduate cumulative GPA of 2.75 or higher, or a GPA of 3.0 or higher in the second half of the undergraduate degree program, or a graduate GPA of 3.0 on a previously completed graduate degree; a minimum of 15 hours in the behavioral sciences (psychology, sociology, anthropology), one course of which must be statistics; a letter of intent explaining your interest in pursuit of graduate work in counseling; current resume; a writing exam; three letters of recommendation from individuals able to speak to your potential in the counseling field and an interview with the faculty.

Clinical Mental Health Counseling – Master of Arts (MA) & Licensure as a Professional Counselor (LLPC)

Detroit Mercy's Clinical Mental Health Counseling program prepares counselors to work in clinical settings in the mental health and human services field. Potential work settings include: outpatient clinics, human service organizations, public systems (Veteran's Administration, mental health, child welfare, criminal justice), private practice, and health care systems. Curriculum is grounded in counseling theory and

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evidence-based practice and a strong emphasis on counseling skill development complements assessment practices, working with multicultural populations, and understanding program development and evaluation. The content and sequence of courses aim at providing the student with an in-depth knowledge of and experience in working with various human problems occurring across the lifespan within the counseling environment.

Curriculum

Master of Arts in Clinical Mental Health Counseling

Level I	Level II	Level III	Level IV
CNS 5000	CNS 5360	CNS 5430	CNS 5620
CNS 5020	CNS 5390	CNS 5600	CNS 5850
CNS 5120	CNS 5400	CNS 5720	CNS 6040
CNS 5320	CNS 5490	CNS 5900	Elective
CNS 5350	CNS 5570	CNS 5920	
CNS 5380			
60 credits			

Admission Deadlines

Admission Term:	Due Date:
Fall	May 15
Winter	October 1
Summer	February 1

All application documents must be received by the college by the due date listed to be eligible for admission.

If you have questions regarding the application process, please contact:

Theresa Carson, Graduate Admissions Counselor
(313) 993-3309 or carsonta@udmercy.edu

International Applicants

(800) 635-5020 or admissions@udmercy.edu

If you have questions regarding the Community Counseling Program at UDM, please contact:

Dr. Nancy Calleja
(313) 578-0436 or calleyn@udmercy.edu

If you have questions regarding related Graduate Programs in the Counseling & Addiction Studies Department at UDM, please contact:

Addiction Counseling

Dr. Victoria Sepulveda
(313) 578-0468 or sepulvvi@udmercy.edu

School Counseling

Dr. Jocelyn Bennett-Garraway
(313) 993-1227 or begarrjm@udmercy.edu

Addiction Studies Certificate

Dr. Dan Duryea
(313) 578-0413 or duryendg@udmercy.edu

Michigan educators may be eligible for 60 percent tuition remission.

<https://www.udmercy.edu/apply/financial-aid/forms/additional-forms/School%20Educators%20Form.pdf>